

The Lutheran Light

"As the Body of Christ, St. Mary's Evangelical Lutheran Church is called by the Father through the Holy Spirit to worship God and witness to others."

Vol. 36 No. 03 March 2014

The Pastor's Prism



Beyond Maintenance-Lent

It's amazing to note how much time goes into maintaining ourselves. Beyond the normal requirements of getting food, working, sleeping, and playing there is a lot of time devoted to personal grooming, exercising, or otherwise caring for our bodies and minds. While it might seem ordinary to us today only recent generations have had bath rooms where there is running water to perform personal care of washing shaving, combing, or otherwise primping oneself. My paternal grandparents even though they had a large farm house never had such a room but bathing took place in the kitchen, less than daily, where the heated water from the Majestic wood stove was available.

Maintaining and promoting a healthy lifestyle has led to the rise of such TV shows like "Dr. Phil" and "Dr. Oz," which give constant guidance in dealing with relationships, healthy nutrition, and other health issues. TV cooking shows are also popular with some. In addition, Many have exercise, walking, jogging or other routines to promote healthy lifestyles.

These things are great but do they address the whole person? Caring for ourselves is certainly good stewardship of the bodies and minds that God has entrusted to us, but something more is needed. We are more than body and mind for we are made in the image of God.

Thus, there is a spiritual dimension to our lives that is a part of our wholeness as humans. This spiritual aspect to human life has long been recognized. Archeologists have found evidence in artifacts, burials, cave drawings, monuments, and records that the spiritual life was important and needed to be addressed.

The same is true for us. If we fail to

maintain the spiritual nature that God has implanted in us, we can never be completely the whole people He calls us to be. That means putting as much effort in our spiritual care as we do with caring for the physical and mental aspects of our being. Thus, our prayer life, reading of Holy Scriptures, participating in weekly worship are regular maintenance practices for our spiritual well being and nurtures wholeness. God wants us to be whole persons because that is the way He made us.

While regular care of ourselves is essential, Lent provides us with an opportunity to focus more on spiritually through the discipline of the season through utilizing more focused prayer, fasting, and reading God's Word, etc. We can also take advantage of the communal opportunities that come through such things as the Lenten Focus meetings on each Sunday evening in Lent, and to participate in the additional worship services that are offered particularly during Holy Week. [*Please see the detailed information found elsewhere in this newsletter for details.*]

During one of our Church Council meetings we discussed possibilities for the Lenten Focus meetings for this year. Out of that discussion came the desire to know more about Luther and what he taught. As a result, our focus this year will be "Revisiting Luther" in which we will consider the historic context of his times and share some from his sermons, his letters, his prayers, and his hymns. We will also look at how his thinking and actions were influenced by his reading of Holy Scriptures. We will also be using a PBS video on Luther to enhance our understanding along with numerous hand-outs.

We pray this will lead you to join us so that you may grow into the whole person that God calls us to be through

Jesus Christ:

"We must grow up in every way into Him Who is Head into Christ, from Whom the whole body, joined and knit together by every ligament with which it is equipped, as each part is working properly, promotes the body's growth in building itself up in love."

-Ephesians 4:15-16

+ "Pr. Lee"

Almighty God, You have fashioned us in Your image and called us to be good stewards not only of our world, but ourselves. Lead us to see the need and respond to our spiritual care as much as we do for caring for ourselves physically and mentally. Help us to use the means that are available to us during this Lenten season that You might nurture our whole being so that we can grow more fully being Your people for the world. We ask this through Your Son Jesus Christ our Lord.
AMEN



Newsletter Information

Deadline: 3rd Wednesday by 10:00 a.m.

Office Hours: Mon/Wed/Fri 9am-1pm

Please contact the office when:

- ✓ your committee plans a meeting/activity so it can be listed on the master calendar.
- ✓ you have an announcement to be included in the newsletter. (Online Announcement form on our website. Paper announcement forms available on the church and parish house bulletin boards. You may also email your information to the church office, to newsletter@stmaryselc.org)

Council Highlights



- The Audit is in the process of being completed.
- We need people to sign-up to place flowers on the altar. Sign-up sheet is on the bulletin board in the Narthex.
- Are you interested in being a Delegate for Carroll Lutheran Village? We need 1 - 2 persons to serve for a year or more.
- Thursday, March 6th at 6:30 p.m. - ELCA Church Mission Fund. Meeting about handicap accessible ramp.
- Favorite hymns were discussed.
- Anyone interested in being on the choir, we need voices. Please see Mel Pittinger if interested.
- Volunteers needed for social hour on Sunday, February 23rd to bring a "sweet".

Jill Spriggs,
Council Secretary

Silver Run Community Food Pantry

located at

St. Mary's Evangelical Lutheran Church

(Distributed from Parish House located directly behind Church, Mayberry Road Entrance)



**1st & 3rd Wednesday
of the Month
5:30 - 6:30 p.m.**

Non-Perishable Food Items Distributed.

All Are Welcome!

Donations Accepted!

Email: foodpantry@stmaryselc.org

As Luther Says...*

Whatever temptation may be disturbing the heart, the best remedy is to take to reading Holy Writ and meditating on the Word of God. But if the heart should also dislike reading the Word of God and meditating on it (for Satan tries to hinder this and instills a dislike of reading), then you must force yourself to do so, that if not the heart, at least the tongue, the ears, and the eyes may be occupied the while with seeing, hearing, and doing something different from what the heart thinks. But you will certainly feel that when the external senses are occupied with the Word of God, the heart will then easily come to rest.

*What Luther Says, Euald MTLE, St. Louis: Concordia Publishing House. 1959.8th printing.1380:4443

Carroll Lutheran School

Could your child benefit from attending Carroll Lutheran School? Registration for 2014-2015 is now open. We all want the best education for our children. Because each child has unique gifts, needs, and challenges, the school setting can make a huge difference in a child's life. Please consider whether Carroll Lutheran School might provide your child with the kind of educational experience that will make a huge difference and the results will last a life time! Carroll Lutheran School offers classes for children in Kindergarten through Eighth Grade. The school offers an excellent academic curriculum. The teachers are passionate about the subjects they teach; however, they are even more passionate about their students. Every child counts at CLS. Personal attention brings out the best in each student. Music (choral and instrumental), art, physical education and Christian education are included in the curriculum. Beginning in the fall of 2014, Carroll Lutheran School will have a school counselor on site. The school itself is clean, bright and inviting. It is truly a loving atmosphere in which to learn and mature. More information can be found on the school web site, www.carrolllutheralschool.org.

Learn more about how your child could benefit from attending Carroll Lutheran School by attending the Open House on Saturday, March 29, 2014 from 10:00 am to 12:00 pm. You may contact Karen Ganjon, Administrator, for a personal tour (kganjon@carrolllutheralschool.org or 410-848-1050).

Kids' Corner

The puzzle is based on Luke 24:1-12 (NIV).

Y L X Y P K W G P R X I F L W
 D B A R H V N E S P I C E S K
 P W V S L I P U E F Z S Z U T
 A R W A N U S V T K Q A E F N
 G D O R C K T Z O W T J O N A
 Y R O L T Q O K M B O D Y L Z
 G M O W L D N E B S S T B Q J
 Y D B U G E E V N R T H K E Z
 W L Z O N Q D U L T W H J M T
 F O I Q W D J U F O E R X S C
 R R M V R E M E M B E R R S I
 J D I E I U D P R E C I E P K
 G F E G N N N B D D F C G D O
 O D D A H S G C Q A A I X I V
 L A T F D T M P J F Y Z T F L

| | | | | |
|---------|-------|---------|--------|----------|
| living | tomb | rolled | risen | dead |
| women | first | spices | away | bowed |
| faces | stone | entered | ground | remember |
| morning | week | body | fright | day |

News Around the Parish

WORLD DAY OF PRAYER SERVICE sponsored by the Church Women United will be held on Friday, March 7 at 2 p.m. in Krug Chapel at Carroll Lutheran Village. The theme is "Streams in the Desert". The service was written by women from Egypt. You are invited - men and women. Hope to see some of you there. ~ Fran Crist

LOOKING FOR A GREAT WAY TO RECYCLE those unwanted plastic grocery bags? Donate them to the Silver Run Community Food Pantry. Please place them in the "Food Pantry" box located in the overflow room. Thanks so much! ~ Brenda Meadows

MY NAME IS MATTHEW BALL OF TROOP 483. I am currently working on my Eagle Scout project, which consist of building shelves and tables for the Silver Run Community Food Pantry. Any donations will be greatly appreciated. Please make checks out to "Boy Scout Troop 483" and in the memo section please indicate, "Matt Ball Eagle Project". Thank you.

THE BOARD OF TRUSTEES OF CARROLL LUTHERAN SCHOOL has been informed that Thrivent has extended its deadline to designate 2013 Thrivent Choice dollars until **March 31**. I am sending this out in hopes you will encourage those Thrivent members of your congregation to select the school for those Choice Dollars. The school continues to move forward in its endeavors to be all to the mission God has called them. Your support is making that possible. I am asking you to help us to strengthen that ministry by announcing this piece of information from Thrivent in your bulletins, newsletters, or websites. Thank you for being there for the school. In Christ's Love, Pastor Melvina (Mel) Stricklin, Chair of Church Relations Committee, Board of Trustees of Carroll Lutheran School



Church Game Day
Saturday, February 15, 2014
7 p.m. - 9 p.m.

At the Huber's Home
 2116 Richardson Road
 Westminster, MD 21158

All Church members **of all ages** are welcome to bring a board game, a snack to share with friends and have fun playing board games. If you don't have a board game, please still join us.

Drinks will be provided by the Huber's and children need to be supervised by an adult.

If you will be joining us, please let us know.

Contact Laura Bennett at 443-847-0602 or monsterjb@verizon.net

HAVE FAVORITE HYMNS? Please write them down below and put them in the offering plate. We will try to sing them in the liturgical season of the year when they are most appropriate. If you give us your name, we would be able to mention your name with the hymn in the bulletin when it is to be sung.

Hymn(s): _____

Your Name (optional, but appreciated): _____

Date: _____

OVER-VIEW OF LENT IN 2014

Lent begins on Ash Wednesday, March 5th. Our Ash Wednesday worship service at 7:30 p.m. will comprise of confession, imposition of ashes, and Holy Communion. Our Lenten offerings will go towards support of Prs. Eric and Wendolyn Trozzo, missionaries, who serve at the Lutheran Center at the Ecumenical Seminary at Sabah, Malaysia.

Lenten Focus meetings will be held on each of the Sunday evenings during the Lenten Season, beginning March 9th at 5:30 p.m. with a simple supper of bread and soup in the Parish House. From about 6 p.m. to 6:45 p.m. we will have presentations and discussions on *Revisiting Luther* as we look at some of Luther's writings, including some of his letters, prayers, hymns, and other writings. We will also utilize the PBS film/DVD, *Luther*, that does an excellent job of presenting some of the context of Luther's times with interjections from those who have made studies of his life and times. We also will be using numerous hand-outs to assist our reflection and discussion.

Holy Week begins on Palm Sunday, April 13th, at 9:30 a.m. with the blessing of the palms in the rear of the church.

+Sunday, March 30th at our 9:30 worship service will include the Service of Healing with Holy Communion.

+Maundy Thursday service is on April 17th at 7:00 p.m. (with the laying-on-of- hands for individual forgiveness, pedilavium (foot washing), Holy Communion, and stripping of the altar and sanctuary.

+On Good Friday, April 18th, we will have two services:

- At 2:00 p.m. - Stations of the Cross, outside, weather permitting. Please dress casually but warmly. In case of inclement weather, we will conduct the Stations of the Cross in the Parish House auditorium. This service lasts about an hour.

- At 7:30 p.m. - Good Friday, our service is centered around Jesus' Passion according to St. John and Jesus' cross.

May this Lent bring us and others His blessings as we participate in the opportunities that are provided to worship, learn, and grow as His people in service to Him and to our neighbors.

[The Resurrection of our Lord is celebrated on Sunday, April 20th, with a festive worship service at 9:30 a.m.]

LENTEN FOCUS--MEALS FOR 2014

Lent begins on Ash Wednesday, March 5th. Our Ash Wednesday worship service is at 7:30 p.m. will comprise of confession, imposition of ashes, and Holy Communion. Our Lenten offerings will go towards the support of Prs. Eric and Wendolyn Trozzo, missionaries, who serve at the Lutheran Seminary at the Ecumenical Seminary, Sabah, Malaysia.

Lenten Focus meetings on the topic, *Revisiting Luther* will, be held on Sunday evenings, beginning March 9th at 5:30 p.m. with a simple supper of bread and soup in the Parish House. From about 6 p.m. to 6:45 p.m. we will have presentations and discussions on a selected topic utilizing discussion, the PBS film-*Luther*, and hand-outs. Following the discussion we will a brief devotion, hoping to complete everything by 7 p.m. Please contact Pr. Lee if you are willing to be a bread/soup provider/server. Bread/soup providers are needed! Below is a list of the days and those who have to date offered to provide and serve the bread and soup supper:

March 9 The Brumbacks

March 16

March 23

March 30

April 6

April 13

St. Mary's Lutheran Donations 2013

| | <u>Month</u> | <u>Date</u> | <u>Amount</u> | |
|---|--------------|-------------|---------------|----------|
| Monthly Donation: | | | | |
| Carroll County Prison Ministry | Jan. | 1/28/13 | 25.00 | |
| Pleasant Valley Fire Co. | Mar. | 3/14/13 | 30.00 | |
| New Life for Girls | Apr. | 4/19/13 | 70.00 | |
| ELCA Malaria | Special | 4/30/13 | 135.00 | |
| Habitat for Humanity | May | 5/20/13 | 60.00 | |
| ELCA Vision for Mission | June | 6/10/13 | 110.00 | |
| Carroll County Food Sunday | July | 8/1/13 | 50.00 | |
| Silver Run Lights Fund | Aug. | 8/20/13 | 70.00 | |
| Gettysburg Lutheran Seminary | Sept. | 9/12/13 | 60.00 | |
| Alpha Fire Company | Oct. | 10/21/13 | 45.00 | |
| St. Dysmas | Nov. | 11/25/13 | 35.00 | |
| Silver Run Community Food Pantry | Thankg. | 11/30/13 | 268.00 | |
| The Gideons Int'l | Dec. | 12/16/13 | 43.55 | |
| | | | 1,001.55 | |
| Delaware/Maryland Synod: | | | | |
| Benevolence | | | 6,500.00 | |
| Missionary | | | 1,005.00 | |
| World Hunger | | | 100.00 | |
| | | | 7,605.00 | |
| Christmas Bazaar: | | | | |
| Benevolence | | | 501.00 | |
| Silver Run Community Food Pantry | | | 1,127.00 | |
| Carroll Lutheran School | | | 1,127.00 | |
| St. Mary's ELC (Handicap Access) | | | | 2,254.00 |
| | | | 2,755.00 | |
| Total Christmas Bazaar | | | | 5,009.00 |
| Basket Bingo: | | | | |
| German Youth Visit | | | 508.50 | |
| Strawberry Fest.: | | | | |
| Rape Crisis | | | 774.00 | |
| Missionary Support | | | 774.00 | |
| St. Mary's Handicap Access | | | | 1,547.24 |
| Benevolence | | | 344.00 | |
| | | | 1,892.00 | |
| Total Strawberry Fest. | | | | 3,439.24 |
| World Vision (Mahantesh Baburao) | | | 360.00 | |
| Total outside Donation | | | 13,345.55 | |
| Delaware/Maryland Synod Summary: | | | | |
| Benevolence | | | 7,345.00 | |
| World Hunger | | | 100.00 | |
| Synod Mission | | | 110.00 | |
| Missionary | | | 1,779.00 | |
| | | | 9,334.00 | |

Submitted by Art Wisner, Treasurer

Notes & Thank Yous

Dear Congregants of St Mary's ELC

We the Board Members of Community of St. Dymas wish to take this opportunity to thank you for the generous donation (\$35.00) to our ministry. Through donations such as yours our ministry is able to spread the word of the Lord to those less fortunate.

Once again, thank you and God Bless You.

~Community of St. Dymas Board Member

THANK YOU for the church goodie bag for Christmas. Everything was so useful. ~Sara Bollinger

JOHN HAIFLEY AND HIS FAMILY would like to thank everyone for their prayers, cards, and visits during his illness and recovery.

Church & Village: Partners in Ministry

Upcoming Carroll Lutheran Village Events

Lunch & Tour - Did you know that Carroll Lutheran Village is one of the most affordable continuing care retirement communities in the Baltimore area? Learn more about life at the Village at a Lunch & Tour on April 14. Tour a few residences, learn about the lifestyle and have lunch with residents to hear their stories about making the move to the Village. Seating is limited - call 410-848-8922 for more information.

Save the Date for Golf - The 17th Annual Carroll Lutheran Village Golf Tournament is set for Friday, June 6 at The Links at Gettysburg. This year we are striving to reach a cumulative **\$1 million** raised in support of residents of the Village with financial need. Golfer and sponsorship information is available at www.clvillage.org or by contacting Monica at 410-848-0090. Register now before the tournament sells out!

Upcoming Lifelong Learning Events for Older Adults - The Lifelong Learning Series at Carroll Lutheran Village continues through the end of March for older adults. Offerings scheduled from February 19 through March 28 include: Westinghouse in Iran 1976-1979, National Security vs. Civil Rights, My Road to Macchu Picchu, Feng Shui-Harmony in the Home, Working with Pictures: Saving to CDs, The American Impressionists, Sharing through Snapfish and Anatomy of a Mystery. Many programs are free or low cost. For information call 443-605-1070 or visit www.clvillage.org/lifelong-learning.

Thrivent Financial Upcoming Events - The Carroll County Chapter of Thrivent Financial is a strong supporter of Carroll Lutheran Village resident assistance programs. The Chapter is hosting two events in March and April that may be of interest to the broader congregational community. The first is a bus trip to the Dutch Apple Dinner Theater in Lancaster, PA on April 5 to see *Seven Brides for Seven Brothers*. The trip includes coach transportation, show ticket and lunch. Cost is \$70 per person. Reservations and payment are due by March 5. The second event is *Real Money Talk for Women*, a free financial planning workshop for women on April 12 at the Westminster Pool Community Building. Please call 410-857-1333 or 410-259-5922 for reservations or information on either of these events. Any funds raised through Chapter programs are used to support non-profit programs and organizations within the community.

March 2014

Holy Communion is celebrated each Sunday

| Sunday Worship 9:30 a.m. Sunday School/Confirmation Class 11:00 a.m. | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|---|---|--|---|--|
| 2 Transfiguration of Our Lord - White Exodus 24: 12 - 18 Psalm: 99 2 Peter 1: 16 - 21 Matthew 17: 1 - 9 Basket Offering - Pleasant Valley Fire Co. | 3 | 4 Kelli Scott | 5 Sarah Bollinger Silver Run Food Pantry 5:30 - 6:30 p.m. Ash Wednesday Service - 7:30 p.m. | 6 Meeting About Handicap Accessible Ramp - 6:30 p.m. | 7 Bertha Miller World Day of Prayer Service @ CLV Krug Chapel - 2 p.m. | 1 Shirley Hare Kelsey Powell ----- 8 Laci-Jo Ernst |
| 9 1 st Sunday in Lent - Purple Genesis 2: 15 - 17, 3: 1 - 7 Psalm: 32 Romans 5: 12 - 19 Matthews 4: 1 - 11 <i>5:30 p.m. Lenten Focus #1</i> | 10 Faye Boughter Paul Sell Church Council Meeting - 7 p.m. | 11 | 12 Donna Myers | 13 | 14 | 15 Children/Adult Game/Party at the Huber's - 7 - 9 p.m. |
| 16 2 nd Sunday in Lent - Purple Genesis 12: 1 - 4a Psalm: 121 Romans 4: 1 - 5, 13 - 17 John 3: 1 - 17- 37 <i>5:30 p.m. Lenten Focus #2</i> | 17 St. Patrick's Day | 18 | 19 Jason Bennett Newsletter Deadline 10 a.m. Silver Run Food Pantry 5:30 - 6:30 p.m. | 20 | 21 Ann Brumback | 22 Nicholas Middleton |
| 23 3 rd Sunday in Lent - Purple Exodus 17: 1 - 7 Psalm: 95 Romans 5: 1 - 11 John 4: 5 - 42 <i>5:30 p.m. Lenten Focus #3</i> | 23 | 25 <i>Annunciation of Our Lord</i> | 26 Dorothy Bowman | 27 | 28 | 29 CLS Open House 10 a.m. - Noon |
| 30 4 th Sunday in Lent - Purple Healing/Holy Communion - 9:30 a.m. 1 Samuel 16: 1 - 13 Psalm: 23 Ephesians 5: 8 - 14 John 9: 1 - 41 Social Hour - Council Members <i>5:30 p.m. Lenten Focus #4</i> | 31 | Anniversaries: Rodney and Linda Bupp - March 17, 1990 James and Tammy Fairbank - March 22, 1986 Arthur and Gail Wisner - March 20, 1982 | | Worship Helpers Acolyte: Zachary Scott, Brooke Bennett Usher: The Fleischer Family Communion Asst.: Ann Brumback Altar Guild: Ruth Warfield | | |





The Silver Run
Lutheran Light

St. Mary's Evangelical Lutheran Church
 3978 Littlestown Pike
 Westminster, MD 21158-1541
 (Corner of Route 97 and Mayberry Road)
 Silver Run

The Rev. Dr. H. Lee Brumback, II, Pastor

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 Office Email: office@stmaryselc.org
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 Outreach Email: outreach@stmaryselc.org
 Newsletter Editor: newsletter@stmaryselc.org
www.stmaryselc.org

OUR MISSION "As the Body of Christ, St. Mary's Evangelical Lutheran Church is called by the Father through the Holy Spirit to worship God and witness to others."

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 Lutheran Church**
 3978 Littlestown Pike
 Westminster, MD 21158-1541

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Go Green for 2014 - Join St. Mary's email newsletter list. You'll be notified monthly when the newsletter has been posted to our website and a paper copy will no longer be printed and mailed for your household. To join, send an email to newsletter@stmaryselc.org requesting to be

Place Label Here