

The Lutheran Light

"As the Body of Christ, St. Mary's Evangelical Lutheran Church is called by the Father through the Holy Spirit to worship God and witness to others."

Vol. 40, No. 08, September 2018

Pastor's Ponderings



One of my favorite authors is Max Lucado, a Christian writer who has written more than one hundred books, and is also a pastor at Oak Hills Church in San Antonio, Texas. To be honest, I don't know how he is able to do both things, but if he is as good a pastor as he is a writer, then he must be absolutely awesome. I have recently been reading his book titled *Grace*. As Christians, we talk and hear a lot about grace, which is at the very heart of the Christian faith, and this is particularly true for Lutheran Christians. While brother Max is not a Lutheran, I believe that this book on grace, at least what I have read so far, is a book that would be helpful for any Christian as they make their way through life.

So just what is grace and why is it so important to the Christian faith? According to *Webster's Collegiate Dictionary*, grace has any number of different definitions, but the primary definition is this: favor, kindness, mercy, etc. Webster also gives grace a more religious bent using four particular definitions: a) a divine mercy or forgiveness, b) divine assistance given man for his regeneration or sanctification, c) a state of being pleasing to God because of responsiveness to grace, d) a Christian virtue.

I believe that most of us, when we hear the word *grace*, think of "divine mercy or forgiveness," that "amazing grace . . . that saved a wretch like me" that John Newton wrote of, that "grace that is greater than all our sin" in the old hymn written by Julia Johnston. Grace is a wonderful and beautiful thing, and it even sounds beautiful when you say the word, which is why so many girls are given the name Grace.

But as much as we hear about and talk about grace, how good are we at receiving it or even giving it? In his book, Lucado, in writing of God's abundant grace, describes it this way: "Grace is simply another word for God's tumbling, rumbling reservoir of strength and protection. It comes at us not

occasionally or miserly but constantly and aggressively, wave upon wave."

Even as we claim to be saved by grace, a free gift from God effective through our faith in the redeeming blood of Jesus, we still strive to do many and various works that we believe will earn us God's favor, or grace. Now I'm not saying that we shouldn't do works of grace, mercy, kindness, and compassion, because we should. But we should do these works in loving response to God's gift of grace, not because we hope to earn grace. We cannot earn grace and we really don't deserve grace, but God gives it freely to those who believe.

Looking at grace as a gift from God should change us, change the way that we live our lives. Living in grace should make us grateful to God and enable us to be gracious to others. After all, if we are able to accept God's gift of grace, shouldn't we, in loving response to this precious gift, be able to be gracious and merciful to our sisters and brothers in this world? In the Lord's Prayer we pray, "Forgive us our trespasses, as we forgive those who trespass against us." We certainly shouldn't expect God to be gracious and merciful to us if we aren't willing to be gracious and merciful to others.

God's love for us and his abundant grace are far more than we can ever need or desire. No matter how great our difficulties might be, God's grace is far more than sufficient to overcome those difficulties. God's love and grace bring us joy, strength, and comfort, freeing us to be the loving, gracious people that God calls us to be.

Grace – it's a beautiful thing. May God continue to bestow on you his grace, mercy, comfort, and strength today and every day.

Your Servant in Christ,
Pastor Allen

Contact Information

Congregational Members, should you have a Pastoral Emergency, please call Jim Huber, Council President.

If there is a property emergency on church premises, please contact Gary Meadows, Property Committee Chairperson.

Pastor:

Rev. W. Allen Reed 301-331-6368

Council President:

Jim Huber 410-848-0525

Council Vice-President:

Dwyn Fleischer 410-346-6065

Council Secretary:

Gail Wisner 443-824-245

Treasurer:

Art Wisner 443-824-3914

Funeral Reception Committee:

Fran Crist 410-848-4391

Outreach/Welcome Chairperson:

Jim Crist 410-848-4391

Christian Education Chairperson:

Kelli Scott 717-359-0575

Property Committee Chairperson:

Gary Meadows cell 410-236-9161

Staff Support:

Gail Wisner 443-824-2455

Flower Committee:

(holiday flowers) Betty Huber 410-848-0525,
(altar flowers) Faye Boughter 410-346-7119

Altar Guild Coordinator:

Fran Crist 410-848-4391

Lector Coordinator:

Jim Crist 410-848-4391

Silver Run Food Pantry Program Director:

Brenda Meadows 443-244-0453

Creative Lutheran Crafters Coordinator:

Fran Crist: 410-848-4391

Front Sign Preparer: Crystal Ruby

Bell Ringer: Junior Miller

Stamp Coordinator: Janet Heltibridle

Carroll Lutheran School Delegate: Jim Huber

Thrivent Liaison: Donna Myers

Carroll Lutheran Village Delegates:
Jim & Fran Crist

Kid's Corner

"If we claim to be without sin, we deceive ourselves and the truth is not in us. If we confess our sins, He is faithful and just to forgive us our sins and purify us from all unrighteousness." 1 John 1:8-9

As you all know, school has begun. You may have needed to get some new school clothes or some new shoes. One thing that everyone had to get was school supplies. We buy notebooks, paper, folders, markers, crayons, pens and pencils.

Below are some pencils that remind us of the four different kinds of people we see each day.



First, there is a pencil that is not sharpened on either end. It reminds us of people we see that never do anything. They just sit around and let others do all the work. A pencil that isn't sharpened on either end isn't much good for anything. Neither is a person who never does anything.

Second, there is a pencil that has an eraser on both ends. This pencil reminds us of people who never do anything right. Or maybe they are so afraid that they won't do it right, they are like the first pencil and just don't do anything at all.

Next, there is a pencil that is sharpened on both ends. It doesn't have an eraser! This pencil reminds us of people who think they never make a mistake! Do you know people like that? Even if they do make a mistake, which we all do, they will never admit it. Who do they think they are fooling? They are only fooling themselves!

Finally, there is a pencil that is sharpened on one end and has an eraser on the other. It reminds us of people who know they make mistakes, and when they see their mistakes, they correct them. That is the kind of person God wants us to be. The Bible tells us that if we claim that we never make mistakes, we are just fooling ourselves. But if we will admit to our mistakes and ask God to forgive us, He will. He will erase our mistakes and we can start all over again.

Jesus, help us to remember that we all make mistakes and that if we will ask you to forgive us, you will erase those mistakes and make us clean again. Amen



Dear Friend of Carroll Lutheran School:

We invite you to join us on Friday, October 5, 2018 at Quail Valley Golf Course (Littlestown, PA) for the 16th Annual Swing for Scholarships Golf Tournament. Golf registration includes a continental breakfast, an 8:30 a.m. shotgun start, and lunch following the tournament. The golfer fee is set at \$85 per player and \$340 per foursome. There are multiple sponsorship opportunities available, as well as packages that can be designed to meet the needs of your group or business.

The Swing for Scholarships Golf Tournament has supported student financial aid. The scholarship fund allows families to apply for need-based tuition assistance. The students of CLS range from kindergarten to 8th grade and all students are eligible to apply for a scholarship. The scholarship program allows us to extend the opportunity for an academically rigorous, Christian education to the children of our community.

The mission of CLS is "exceptional education, formed in faith". The school offers students an individualized and well-rounded education that includes music, art, health education, PE, and media, provided in a supportive, Christian environment. Students of all faiths are welcome at CLS, and our certified teachers encourage children to learn at their own pace to achieve their highest potential. We are creating the next generation of community leaders!

Please join us for this amazing event as a sponsor, golfer, or luncheon attendee.

Thank you for your support of CLS and our mission. You can make a difference for our students! Please visit www.clsedu.org/golf or email development@carroliutheranschool.org for more information.

Warm Regards,

Amanda Gilbert *Justin Durboraw*

Amanda Gilbert
Principal, CLS

Justin Durboraw
Vice President, Board of Trustees

Stewardship News

When it comes to stewardship, a favorite Bible verse is the account of the widow's mite (Luke 21:1-4). It's a moving account. Our Lord praises the seemingly small gift of two copper coins given by a poor widow above the abundance of gifts given by the rich, saying, "Truly, I tell you, this poor widow has put in more than all of them" (Luke 21:3).

And that is usually where we stop. But the text goes on. "For they all contributed out of their abundance, but she out of her poverty put in all she had to live on" (Luke 21:4).

"She ... put in all she had to live on." She gave everything. She held nothing back. She trusted that the Lord who made her and all creatures, who gave her everything she had, who redeemed her from her own sin, from death, and the power of the devil, who called her by the Gospel and enlightened her with His gifts of Word and Sacrament, would continue to do this. He would provide her with all that she needed for this body and life because that is the character of the God she had.

But this is not why we give small gifts. Her gift, though it appeared small, was actually large. When we are tempted to give small gifts it is precisely because we want them to be small! We don't trust the Lord to provide for us.

We give small gifts because we lack faith in the One who created us, redeemed us, sanctifies and keeps us in the one true faith. We give small gifts because we doubt that God will really give us what we need and desire. We give small gifts because we are not content with what God has already given.

We are not slaves, children of the slave woman, under the Old Covenant (Gal. 4). We are adopted sons of the free woman. And since we are sons, we are also heirs. And heirs receive the inheritance. For everything is already ours in Christ. And thus, moved by the willing spirit of adoption, we do the will of God in financial matters far beyond all that done by those under the Old Covenant who were forced by legal demands.

So what have you decided to give? How do I decide what to give? Let the Scriptures be your guide.

We are to give proportionally to what we have received from God's giving to us (Luke 12:48; 1 Cor. 16:1-2, 2 Cor. 8:12). But you have not been set free to give nothing. See that you excel in the grace of giving (2 Cor. 8:7).

We are not free to live selfishly outside the Gospel, without regard for God who gives us all good gifts, without generosity for our neighbor who needs us and our gifts, without supporting the community of faith in which we live, without care for our spiritual fathers and those who teach and help raise our children in the faith, without resources for the poor and needy – in short, we are not free to live unto ourselves, hoarding what God has given us only for us.

For love is the fulfillment of the law (Romans 13:10). And the sum of the law is this: Love God and love your neighbor (Matt. 22:34-40). We love because He first loved us. We give because He has given to us.

Luther once said, "Possessions belong in your hands, not in your heart" (LW 14:240). There is a reason your 10 fingers spread apart. With your hands you catch God's gifts for what you need and let the rest fall through your fingers to your neighbors – your family, your friends, your community, your church.

<http://www.lcms.org/stewardship> (Newsletter Article – August 2018)

Trunk or Treat

We will have a Trunk or Treat this year on Saturday, October 27 from 4:00-6:00pm. If you would like to be involved, please see Kelli Scott so you can be added to the email list for updates and planning.

Notes & Thank You's

- A big thank you to all who donated their "spare change" to the ELCA Good Gifts. Together, the participants of vacation bible school and the congregation donated a total of \$245. With this money, we purchased two goats, two pigs, two sets of chicks, two sets of honeybees, a rooster, and made a donation to the food pantry.
- Thank you to all who came and participated in last Sunday's [July 1] (indoor) Outdoor Service. Thanks also to all who helped with setting up the service and meal and cleaning up afterward. Thank you also for all the delicious food! - Pastor Allen
- Many thanks to everyone who helped make our Vacation Bible School a success by helping throughout the week, donating supplies or through monetary donations. Nineteen children were able to enjoy a fun filled week, thanks to your generous support. - Kelli Scott

Outreach & Welcome

Monday, July 23rd the Outreach and Welcome met with 8 people present. The Strawberry Festival was reviewed. A copy of the highlights from the meeting are available – see Jim Crist. One question we could not answer. How to keep fried chick hot and still keep it Crispy? Any Idea?

Carroll Lutheran School Scholarship Program

Carroll Lutheran School has created a scholarship program that will allow each church in the Westminster Conference to send a student to the school for a cost of just \$2,000 per year, compared to the standard tuition rate of approximately \$7,000 per year. If you have an interest in having a family member participate in this program, please see Pastor Allen for more information.



Silver Run Community Food Pantry at St. Mary's Evangelical Lutheran Church

(Distributed from Parish House located directly behind Church, Mayberry Road Entrance)

1st & 3rd Wednesday of the Month 4:30 – 5:30 p.m. Meal 5:30 - 6:30 p.m. Pantry Open

Non-Perishable Food Items Distributed. All Are Welcome! Donations Accepted!

Wellness Notes

We live in a fast paced, high stress world and find less and less time to eat well and exercise. Neglecting our physical well-being affects us not only mentally, but also spiritually.

“Or do you not know that your body is a temple of the Holy Spirit within you, which you have from God, and that you are not your own? For you were bought with a price; therefore glorify God in your body.” 1 Corinthians 6:19-20

4 Ways to Get Better Sleep

We hated doing it when we were children, as teenagers we did it for endless hours and as adults we can't seem to get enough of it – sleep.

It's easy to fall into the trap of thinking sleep should be a low priority, particularly when we see global CEOs bragging about how few hours a night they get, or their ridiculously early wake up times – but that's simply wrong.

A study put out by the Sleep Health Foundation found that 33 to 45 per cent of Aussie adults are getting poor quality sleep or not enough of it.

Brisbane home doctor Ryan Harvey said insufficient sleep had a major impact on work performance and relationships.

"The average person gets less than the recommended seven hours' sleep and this can lead to a manner of outcomes," Dr Harvey said. "Moods can change so that people become irritable and frustrated, leading to arguments. Much more seriously, a lack of sleep dramatically reduces our focus and attention to detail which in cases like a car crash, can have fatal consequences."

4 ways to get better sleep

1. No caffeine - We want to wind down before going to bed so limit stimulating beverages such as coffee in the hours leading up to your bedtime. Caffeine stays in your system for four to six hours, so make sure you plan ahead and rethink that afternoon coffee.
2. Switch off - Get screens out of the room. Switch off smart devices, TVs, laptops and other screens that emit blue light, make noises and vibrate. Replace your mobile with an analogue alarm clock so you can leave your phone well out of reach.
3. Get moving - Rid yourself of that extra energy by exercising daily for about 30 minutes. It doesn't have to be intense but enough to work up a sweat.
4. Eat early - Eat whole grain foods and protein, such as chicken and nuts, two to three hours before bed. These can trigger a change in serotonin levels, which can encourage sleep.



Sleep is a powerful tool that is often taken for granted by people everywhere, so do yourself a favor and get some rest.

As humans we often take sleep for granted misusing and abusing its power, forgetting what sleep does.

Just one night without sleep has been comparable to a having a blood alcohol of 0.10%

Memory is impaired and if lack of sleep continues, there could be long term effects.

Lack of sleep also infringes on our oxygen intake, and speech causing us to slur words and forget what we're saying.

Tasks get harder to complete and a person gets cranky easier. Your heart rate increases, your brain will fall into a micro-sleep while you're still awake and you may start seeing things.

Janela writes for Queensland's largest after-hours home visiting doctor service House Call Doctor. Working alongside medical experts, Janela has covered a range of health and wellbeing topics for national and international publications. In her current role, she aims to inform Australian audiences of the trends and concerns that affect their health. To contact Janela or read more of her articles head to <https://housecalldoctor.com.au/>

Article Source: <http://www.articlebiz.com/article/1051644767-1-4-ways-to-get-better-sleep>

Living Healthy, Living Well with Chronic Conditions



What is *Living Healthy, Living Well with Chronic Conditions*?

This researched and proven program is designed to help you manage your health. The workshops offer you a hands-on opportunity to discover solutions that work with your life, and your health concerns. Adults who have health problems and family members caring for loved ones with a chronic condition, are encouraged to attend!

These small group workshops are led by two trained facilitators and meet for **2½ hours once a week for six weeks**. The workshop does not replace existing treatments, but serves to complement a participant's current medical plan.

Topics Include:

- What is self-management?
- Sharing & Problem-Solving
- Setting short-term goals
- Healthy Eating: Meal planning and reading nutrition labels
- Fitness for exercise & fun
- Stress & depression management
- Planning for the future
- Relaxation techniques
- Managing difficult emotions
- Partnering with health provider
- Communicating more effectively with family, friends, and your medical team.

What's in it for me? *People who have taken the workshop show:*

- Better health and increased confidence in managing their symptoms
- Improvements in general health and wellbeing
- Increase in exercise and physical activity
- Better communication with physicians and family
- Fewer doctor and emergency room visits and fewer hospitalizations

NO Cost – This Workshop is FREE!

**Day &
Evening
Hours**

Tuesdays 9:00 – 11:30 a.m., September 11th – October 16th
**Westminster Senior & Community Center, 125 Stoner Avenue,
 Westminster**

Wednesdays 5:30 – 8:00 p.m., September 12th – October 17th
Bureau of Aging & Disabilities, 125 Stoner Avenue, Westminster

Call 410-386-3818 or Email LivingHealthy@carrollcountymd.gov to Register

Did you know?

- Nearly 92% of older adults have at least one chronic condition.
- Chronic conditions account for 75% of the money our nation spends on health care.
- 4 chronic conditions – heart disease, cancer, stroke, diabetes – cause almost 66% of all deaths each year.

Check out our other Living Healthy, Living Well programs by contacting the Program Coordinator at 410-386-3818 or LivingHealthy@carrollcountymd.gov



The Americans with Disabilities Act applies to the Carroll County Government and its programs, services, activities, and facilities. Anyone requiring an auxiliary aid or service for effective communication or who has a complaint should contact The Department of Citizen Services, 410.386.3600 or 1.888.302.8978 or MD Relay 7-1-1/1.800.735.2258 or email ada@carrollcountymd.gov as soon as possible but no later than 72 hours before the scheduled event.



Prayer Ventures

1 Give thanks that we are a church that values, seeks and works to build connections and partnerships in our communities and globally for doing God's work together using the abundance of assets, skills and diverse perspectives we have as the body of Christ.

2 Traditions in the church can help guide and enrich our faith and worship, and they can sometimes present boundaries and stumbling blocks. Pray our traditions and religious practices are dynamic, meaningful and reflect our theology, Scripture, ministry contexts and prayerful discernment of what God is revealing to us today.

3 *Labor Day* On this day we pray for and recognize the work people do for the benefit of society and the sustenance of their families. Pray all have fair, safe work, are renewed through times of sabbath, and find joy and fulfillment in their labor; pray for all those who seek employment and for the well-being and care for people who are unable to work.

4 ELCA campus ministry has a presence at more than 180 state and private colleges and universities with cooperating congregations in campus ministry at an additional 400 campuses nationwide. Pray for leaders and congregations serving students, faculty and staff, and for Lutheran Campus Ministry Network's work of strengthening and sustaining ELCA campus ministries.

5 Give thanks for the rich partnership and relationship we have with The Episcopal Church, a full communion partner with the ELCA since 1997. Pray for the church and ask God to further our respect for one another and work together sharing the gospel and serving our neighbor.

6 Pray, as followers of Christ, that we are bold examples and practioners of civility, respect, truth, justice and empathy for our neighbor in everything we do and say, in every place and circumstance.

7 Remember in prayer young adults beginning a year of service with the Young Adults in Global Mission program; pray the Spirit will equip, sustain and encourage them as they work alongside companion churches and organizations in communities around the world.

8 Pray for seasonal workers who are seeking new employment and places to live, that they are affirmed for their gifts and service and find employment with fair wages, affordable housing and welcoming, supportive communities and congregations.

9 Ask God to sharpen our awareness of when we demonstrate favoritism in our relationships, ministry and daily life, and reassure us of the grace and forgiveness we have in Jesus Christ freeing us to confess our prejudices and strive to change for the sake of doing God's work in the world – without bias.

10 Give thanks to God for the season of fall with its new beginnings, abundant harvests that feed the hungry and rhythms of change in nature that move us to reflect on God with awe and praise.

11 Sing, shout and whisper praises to God, our creator, hope, help and advocate for the poor, hungry, ill, imprisoned, forgotten and oppressed; our inspiration, guide and example.

12 Give thanks for people who work the land and oceans to feed themselves and the world; pray for people living in regions suffering from draught, soil unable to sustain agriculture and changing climate, and ask God to help us find ways to exercise generosity with our resources and food while working together for appropriate and lasting solutions to agricultural problems and hunger.

13 Pray we never lose sight of people – our neighbors and brothers and sisters in Christ – who live in poverty and that we serve as trustworthy advocates and friends who are generous with our resources and care, respectful, value the gifts of all people and are committed to ending poverty and hunger everywhere.

14 Give thanks for the service and leadership of our retired rostered ministers, and pray they continue to respond to God's call to new opportunities – even in retirement – for sharing their gifts, wisdom and experience in their communities, the church and world.

15 *National Hispanic Heritage Month* Give thanks to God for the gifts, contributions and rich cultural diversity of our Latino brothers and sisters, and pray for the growth and vitality of the 147 Latino ministries of the ELCA as they share the gospel, equip leaders and serve their neighbors.

16 How do we describe Jesus? We pray that through our baptism and the work of the Spirit we are imprinted with a deep understanding and faith in Jesus as the son of God, the one true messiah – our salvation, hope and light.

17 Remember in prayer the Rev. David and Alecia Brondos, ELCA missionaries working with theological education in Mexico; the Rev. Meghan Brown Saavedra, YAGM country coordinator for Mexico; and the young adults serving alongside our companions in Mexico as part of the Young Adults in Global Mission program.

18 In the midst of the hurricane season and increasingly unpredictable weather, pray for regions of our nation and world susceptible to severe weather and natural disasters; pray for those who are recovering and rebuilding in the wake of disasters, especially where resources and long-term assistance are sparse.

19 Ask God to help guide and temper our words and the manner in which we speak to others so that our speech and tone serve to bless, demonstrate concern and encourage rather than injure, condemn, belittle or divide.

20 Pray for refugees and immigrants everywhere, asking God to grant them safe passage and the diligent support of advocates, caring companions and welcoming congregations and communities.

21 The ELCA and The Episcopal Church are committed to prayer, fasting and advocacy addressing cuts to public programs that are vital to hungry people who are living in poverty. Remember to pray for these concerns, our leaders and people in need on the 21st of each month through December 2018.

22 Pause what you are doing, look around and listen to the concerns and joys of your heart; talk with God about what catches your attention or weighs on you.

23 In this time when power, position and wealth seem to wield more influence and attract more attention than humility, service and generosity, we ask the Holy Spirit to keep us centered in the heart and mind of Jesus, remind us of what God values and direct our attention to people – today and throughout history – who exemplify Jesus' compassion and concern for humanity.

24 Pray the Holy Spirit continues to reveal to us the value and meaning of accompaniment – walking together with Lutheran, ecumenical and interfaith sisters and brothers around the world.

25 Give thanks for God's attentiveness to our prayers – spoken in every language, whispered or silent.

26 Pray for ministry candidates and their families as they await assignment and for those who are involved in the assignment process of helping leaders move forward in their response to God's call to ministry and service – wherever it may lead them.

27 We hold in prayer our leaders gathered for the Conference of Bishops, that they be inspired and sustained by the Holy Spirit for the work of guiding our church in its mission in a complex and changing world that continues to yearn for hope, reconciliation, purpose and good news – the very things we know and experience through Jesus Christ.

28 Pray for faith in God's ways and wisdom, a wisdom that is pure, peaceable, gentle, willing to yield, full of mercy and compassionate acts, without a trace of partiality or hypocrisy.

29 *Michael and All Angels* The mystery of angels – God's messengers – is alive in Scripture and experienced in the world throughout history. Give thanks for all spiritual beings created by God to worship and praise God, fight against evil, protect and help us, and convey to us God's word and will.

30 Give thanks for the diverse and sometimes surprising ways in which members of the body of Christ do God's work in the world and for how the Spirit equips us uniquely for serving our neighbor in unexpected situations and places.

September 2018

Sunday Worship 9:30 a.m. * Sunday School Class 11:00 a.m.	Monday	Tuesday	Wednesday **	Thursday	Friday **	Saturday
2 15 th Sunday after Pentecost - Green Deuteronomy 4: 1 – 2, 6 - 9 Psalm: 15 James 1: 17 - 27 Mark 7: 1 – 8, 14 – 15, 21 23 Basket Offerings – Lutheran Seminary	3 Labor Day	4	5 Silver Run Food Pantry 4:30 – 5:30 p.m. Meal 5:30 – 6:30 p.m. Open	6	7	1 8
9 Susan Bowersox-Blizzard 16 th Sunday after Pentecost – Green Blessing of the Students, Families & Teachers Isaiah 35: 4 – 7a Psalm: 146 James 2: 1 – 17 Mark 7: 24 – 37 Sunday School Begins, “God’s Work, Our Hands”	10 Church Council Meeting – 7 p.m.	11	12	13 Cynthia Sparacino	14	15
16 17 th Sunday after Pentecost - Green Isaiah 50: 4 – 9a Psalm: 116: 1 - 9 James 3: 1 - 12 Mark 8: 27 - 38	17	18	19 Newsletter Deadline 10 a.m. Silver Run Food Pantry 4:30 – 5:30 p.m. Meal 5:30 – 6:30 p.m. Open	20	21 Paul Bollinger	22
23 18 th Sunday after Pentecost - Green Jeremiah 11: 18 - 20 Psalm: 54 James 3: 13 – 4: 3, 7 – 8a Mark 9: 30 - 37	24	25	26	27 Victoria Sparacino	28 Donald Baker Dwyn Fleischer	29 Nancy Sell
30 19 th Sunday after Pentecost - Green Numbers 11: 4 – 6, 10 – 16, 24 - 29 Psalm: 19: 7 - 14 James 5: 13 - 20 Mark 9: 38 - 50 Social Time – Congregational Volunteers			<u>Anniversaries</u> Jesse and Carrie Eyler – September 25, 1945 Mark and Crystal Ruby – September 15, 1994 Garry & Sheree Miller – September 2, 2006		<u>Worship Helpers</u> Altar Guild: Fran Crist Ushers: The Huber Family	

* Holy Communion is celebrated each Sunday. ** Office Open 10 a.m. – 2 p.m.



Go Green for 2018

Help save resources (paper, toner, and postage) by joining St. Mary’s newsletter email list, you’ll be emailed the newsletter each month and a paper copy will no longer be printed and mailed for your household. To join, send an email to newsletter@stmaryselc.org requesting to be placed on the list. The current issue of the newsletter along with prior issues can be found at <http://www.stmaryselc.org/pagenewsletter.html>

Newsletter Information

Deadline: 3rd Wednesday by 10:00 a.m.

Please notify the church office when:

- your committee plans a meeting or activity to be listed on the calendar.
- you have an announcement to be included in the newsletter. Online Announcement form on our website. **You may also email your information to newsletter@stmaryselc.org.**

The Silver Run Lutheran Light

St. Mary's Evangelical Lutheran Church
 3978 Littlestown Pike, Westminster, MD 21158-1541
 (Corner of Route 97 and Mayberry Road in Silver Run)
www.stmaryselc.org



The Rev. W. Allen Reed, Pastor

Phone/FAX: 410-346-7146
pastor@stmaryselc.org office@stmaryselc.org

Office Hours

Wednesdays & Fridays 10:00 a.m. – 2:00 p.m.

Worship Schedule

(All Are Welcome)

9:30 a.m. Sunday Worship with Holy Communion
 11:00 a.m. Sunday School Classes

newsletter@stmaryselc.org
foodpantry@stmaryselc.org
outreach@stmaryselc.org

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 Westminster, MD 21158-1541

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